

1. Which of the following approaches has the most optimistic view of human nature?
 - A. Humanism
 - B. Behaviorism
 - C. Psychoanalysis
 - D. Structuralism

2. Selective serotonin reuptake inhibitors (SSRIs) appear to have value for the treatment of disorder?
 - A. Depressive
 - B. Schizophrenic
 - C. Dissociative
 - D. Alcoholic

3. Systematic desensitization is particularly effective for the treatment of..... disorder.
 - A. Generalized anxiety
 - B. Panic
 - C. Obsessive-compulsive
 - D. Phobic

4. Alteration in activity at dopamine synapses have been implicated in the development of:
 - A. Anxiety
 - B. Schizophrenia
 - C. Alzheimer
 - D. Nicotine addiction

5. The lobe is to hearing as the occipital lobe is to vision.

- A. Frontal
- B. Temporal
- C. Parietal
- D. Cerebellar

6. Humanistic believe that you have control of your fate. ☐ True ☐ False

7. psychoanalytic focuses on the environment of organisms. ☐ True ☐ False

8. Please fill in the blanks.

- A. Psychologists first goal is to or..... Why organisms behave in certain ways.
- B. The second goal is to how organisms will behave in the future.
- C. Some psychologists would include a third goal, to behavior.

9. Write the meaning of the words.

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|----------------|-------|----------------|-------|
| 1. Anxiety: | | 5. Obsession: | |
| 2. Approach: | | 6. Aggression: | |
| 3. Abnormal: | | 7. Disorder: | |
| 4. Depression: | | 8. Behavior: | |

10. Write the following words in English.

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|------------|-------|-----------------|-------|
| 1. درمان : | | 4. همبودی : | |
| 2. شخصیت : | | 5. روان شناسی : | |
| 3. توجه : | | 6. فوبیا : | |

11. write the name of each approach in Persian.

1. psychobiological approach:
2. psychoanalytic approach:
3. Behavioral approach:
4. cognitive approach:
5. Humanistic approach:

12. Please translate the following sentence into Persian.

We can define psychology as the systematic scientific study of behaviors and mental processes.

پاسخ سوالات

1. A
2. B
3. D
4. B
5. B
6. True
7. False
8. A. explain or understand
B. predict
C. control
9. 1. اضطراب 5. وسواس
2. رویکرد 6. پر خاشگری
3. نابهنجار 7. اختلال
4. افسردگی 8. رفتار
10. 1. Treatment 4. comorbidity
2. personality 5. psychology
3. attention 6. Phobia
11. 1. رویکرد زیستی - روانی

2. رویکرد روان کاوی

3. رویکرد رفتاری

4. رویکرد شناختی

5. رویکرد انسانی

ما می توانیم روان شناسی را به عنوان مطالعه ی علمی و منظم رفتارها و فرایندهای ذهنی تعریف کنیم. 12